

# Shelby County Schools Science Vision

Shelby County Schools' vision of science education is to ensure that from early childhood to the end of the 12<sup>th</sup> grade, all students have heightened curiosity and an increased wonder of science; possess sufficient knowledge of science and engineering to engage in discussions; are able to learn and apply scientific and technological information in their everyday lives; and have the skills such as critical thinking, problem solving, and communication to enter careers of their choice, while having access to connections to science, engineering, and technology.

To achieve this, Shelby County Schools has employed The Tennessee Academic Standards for Science to craft meaningful curricula that is innovative and provide a myriad of learning opportunities that extend beyond mastery of basic scientific principles.

# Introduction

In 2014, the Shelby County Schools Board of Education adopted a set of ambitious, yet attainable goals for school and student performance. The District is committed to these goals, as further described in our strategic plan, Destination 2025. In order to achieve these ambitious goals, we must collectively work to provide our students with high quality standards aligned instruction. The Tennessee Academic Standards for Science provide a common set of expectations for what students will know and be able to do at the end of each grade, can be located in the <u>Tennessee Science Standards Reference</u>. Tennessee Academic Standards for Science are rooted in the knowledge and skills that students need to succeed in post-secondary study or careers. While the academic standards establish desired learning outcomes, the curricula provides instructional planning designed to help students reach these outcomes. The curriculum maps contain components to ensure that instruction focuses students toward college and career readiness. Educators will use this guide and the standards as a roadmap for curriculum and instruction. The sequence of learning is strategically positioned so that necessary foundational skills are spiraled in order to facilitate student mastery of the standards.

Our collective goal is to ensure our students graduate ready for college and career. Being College and Career Ready entails, many aspects of teaching and learning. We want our students to apply their scientific learning in the classroom and beyond. These valuable experiences include students being facilitators of their own learning through problem solving and thinking critically. The Science and Engineering Practices are valuable tools used by students to engage in understanding how scientific knowledge develops. These practices rest on important "processes and proficiencies" with longstanding importance in science education. The science maps contain components to ensure that instruction focuses students toward understanding how science and engineering can contribute to meeting many of the major challenges that confront society today. The maps are centered around five basic components: the Tennessee Academic Standards for Science, Science and Engineering Practices, Disciplinary Core Ideas, Crosscutting Concepts, and Phenomena.

The Tennessee Academic Standards for Science were developed using the National Research Council's 2012 publication, <u>A Framework for K-12 Science Education</u> as their foundation. The framework presents a new model for science instruction that is a stark contrast to what has come to be the norm in science classrooms. Thinking about science had become memorizing concepts and solving mathematical formulae. Practicing science had become prescribed lab situations with predetermined outcomes. The framework proposes a three-dimensional approach to science education that capitalizes on a child's natural curiosity. The Science Framework for K-12 Science Education provides the blueprint for developing the effective science practices. The Framework expresses a vision in science education that requires students to operate at the nexus of three dimensions of learning: Science and Engineering Practices, Crosscutting Concepts, and Disciplinary Core Ideas. The Framework identified a small number of disciplinary core ideas that all students should learn with increasing depth and sophistication, from Kindergarten through grade twelve. Key to the vision expressed in the Framework is for students to learn these disciplinary core ideas in the context of science and engineering practices. The importance of combining Science and Engineering Practices, Crosscutting Concepts and Disciplinary Core Ideas is stated in the Framework as follows:

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Standards and performance expectations that are aligned to the framework must take into account that students cannot fully understand scientific and engineering ideas without engaging in the practices of inquiry and the discourses by which such ideas are developed and refined. At the same time, they cannot learn or show competence in practices except in the context of specific content. (NRC Framework, 2012, p. 218)

To develop the skills and dispositions to use scientific and engineering practices needed to further their learning and to solve problems, students need to experience instruction in which they use multiple practices in developing a particular core idea and apply each practice in the context of multiple core ideas. We use the term "practices" instead of a term such as "skills" to emphasize that engaging in scientific investigation requires not only skill but also knowledge that is specific to each practice. Students in grades K-12 should engage in all eight practices over each grade band. Crosscutting concepts have application across all domains of science. As such, they are a way of linking the different domains of science. Crosscutting concepts have value because they provide students with connections and intellectual tools that are related across the differing areas of disciplinary content and can enrich their application of practices and their understanding of core ideas. There are seven crosscutting concepts that bridge disciplinary boundaries, uniting core ideas throughout the fields of science and engineering. Their purpose is to help students deepen their understanding of the disciplinary core ideas and develop a coherent and scientifically based view of the world.

The map is meant to support effective planning and instruction to rigorous standards. It is *not* meant to replace teacher planning, prescribe pacing or instructional practice. In fact, our goal is not to merely "cover the curriculum," but rather to "uncover" it by developing students' deep understanding of the content and mastery of the standards. Teachers who are knowledgeable about and intentionally align the learning target (standards and objectives), topic, text(s), task, and needs (and assessment) of the learners are best-positioned to make decisions about how to support student learning toward such mastery. Teachers are therefore expected--with the support of their colleagues, coaches, leaders, and other support providers--to exercise their professional judgment aligned to our shared vision of effective instruction, the Teacher Effectiveness Measure (TEM) and related best practices. However, while the framework allows for flexibility and encourages each teacher/teacher team to make it their own, our expectations for student learning are non-negotiable. We must ensure all of our children have access to rigor—high-quality teaching and learning to grade level specific standards, including purposeful support of literacy and language learning across the content areas.

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Science and Engineering Practices	Disciplinary Core Ideas	Crosscutting Concepts
1. Asking questions & defining problems	Physical Science PS 1: Matter & its interactions PS 2: Motion & stability: Forces & interactions	1. Patterns
2. Developing & using models	PS 3: Energy PS 4: Waves & their applications in technologies for information transfer	2. Cause & effect
3. Planning & carrying out investigations	Life Sciences LS 1: From molecules to organisms: structures & processes	3. Scale, proportion, & quantity
4. Analyzing & interpreting data	LS 2: Ecosystems: Interactions, energy, & dynamics LS 3: Heredity: Inheritance & variation of trains	4. Systems & system models
5. Using mathematics & computational thinking	LS 4: Biological evaluation: Unity & diversity	5. Energy & matter
6. Constructing explanations & designing solutions	Earth & Space Sciences ESS 1: Earth's place in the universe ESS 2: Earth's systems ESS 3: Earth & human activity	6. Structure & function
7. Engaging in argument from evidence	Engineering, Technology, & the Application of Science ETS 1: Engineering design	7. Stability & change
8. Obtaining, evaluating, & communicating information	ETS 2: Links among engineering, technology, science, & society	

### Learning Progression

At the end of the elementary science experience, students can observe and measure phenomena using appropriate tools. They are able to organize objects and ideas into broad concepts first by single properties and later by multiple properties. They can create and interpret graphs and models that explain phenomena. Students can keep notebooks to record sequential observations and identify simple patterns. They are able to design and conduct investigations, analyze results, and communicate the results to others. Students will carry their curiosity, interest and enjoyment of the scientific world view, scientific inquiry, and the scientific enterprise into middle school.

At the end of the middle school science experience, students can discover relationships by making observations and by the systematic gathering of data. They can identify relevant evidence and valid arguments. Their focus has shifted from the general to the specific and from the simple to the complex. They use scientific information to make wise decision related to conservation of the natural world. They recognize that there are both negative and positive implications to new technologies.

As an SCS graduate, former students should be literate in science, understand key science ideas, aware that science and technology are interdependent human enterprises with strengths and limitations, familiar with the natural world and recognizes both its diversity and unity, and able to apply scientific knowledge and ways of thinking for individual and social purposes.

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### Structure of the Standards

- Grade Level/Course Overview: An overview that describes that specific content and themes for each grade level or high school course.
- Disciplinary Core Idea: Scientific and foundational ideas that permeate all grades and connect common themes that bridge scientific disciplines.
- Standard: Statements of what students can do to demonstrate knowledge of the conceptual understanding. Each performance indicator includes a specific science and engineering practice paired with the content knowledge and skills that students should demonstrate to meet the grade level or high school course standards.



# Purpose of Science Curriculum Maps

This map is a guide to help teachers and their support providers (e.g., coaches, leaders) on their path to effective, college and career ready (CCR) aligned instruction and our pursuit of Destination 2025. It is a resource for organizing instruction around the Tennessee Academic Standards for Science, which define what to teach and what students need to learn at each grade level. The map is designed to reinforce the grade/course-specific standards and content (scope) and provides *suggested* sequencing, pacing, time frames, and aligned resources. Our hope is that by curating and organizing a variety of standards-aligned resources, teachers will be able to spend less time wondering what to teach and searching for quality materials (though they may both select from and/or supplement those included here) and have more time to plan, teach, assess, and reflect with colleagues to continuously improve practice and best meet the needs of their students.

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	Human Anatomy & Physiology Quarter 1 Curriculum Map								
 	arter 1		Quarter 1 C	<u>Curriculum Map Feedback S</u>	burvey				
Qui		Quart	er 2	Quarter	r 3	Qua	orter 4		
Unit 1 Anatomical Orientation 3 Weeks	Unit 2 Protection, Support, and Movement 6 Weeks	Unit 3 Nervous System	Unit 3Unit 4Unit 5Unit 6NervousEndocrineTransport ofLymphaticSystemSystemNutrients and GasesSystem6 Weeks3 Weeks7 Weeks2 Weeks				Unit 8 Reproduction, Growth, and Development		
o weeks	0 1100100	0 11 0013	Unit 1: An	atomical Orientation (3 W	eeks)	0 11 0010	- 100000		
			0	verarching Question(s)					
		How d	to the structur	es of organisms enable I	ife's functions?	1			
Unit, Lesson	Lesson Length		Ess	ential Question(s)		Voca	bulary		
Unit 1 Anatomical Orientation	7 days	<ul> <li>What physic</li> <li>How of huma</li> <li>How of function</li> <li>Where necession</li> </ul>	<ul> <li>What is the relationship between anatomical structure and physiological function?</li> <li>How does organization contribute to the proper function of the human body?</li> <li>How do location and direction contribute to anatomical functions?</li> <li>Where and when are negative versus positive feedback loops paceasary for maintaining homeostaris?</li> </ul>				anatomy, physiology, directional terms, positional terms, movement terms, general locational terms, abdominopelvic regions and quadrants, body cavities		
Standards and R Infor	elated Background		In	structional Focus		Instruction	al Resources		
DCI LS1: From Molecule Structures and Proce MAP.LS1.3 Describ levels of the human patterns in cell types across organ system <i>exclusively on the le</i> <i>portion of this standa</i> HAP.LS1.4 Use a hu differentiate the major	s to Organisms: esses <b>be the organizational</b> <b>n body</b> and observe s and tissue types ns. *focusing evels of organization ard. uman model to or body cavities and	<ul> <li>Ins:</li> <li>Model the levels of structural organization in a living organism.</li> <li>Identify the body cavities and the main organs systems contained in each.</li> <li>Use directional terms to describe anatomical structures.</li> <li>Justify the claim that the importance of an organ system can be determined by the degree of protection the body cavity gives.</li> <li>Analyze situations and apply the proper anatomical terminology and orientation of parts and regions and apply them to real-life scenarios.</li> </ul>			Curricular ResourcesEngageHomeostasis VideoDirectional Terms VideoThe Language of AnatoExploreEMC AA&P Workbook• Ch. 1 Overview pgs. 1-7• Laboratory Acti the Abdominop Quadrants	<u>p</u> <u>omy</u> <b>x &amp; Laboratory Manual</b> : <i>y</i> of the Body Workbook ivity 1, pgs.8-9: Drawing elvic Regions and			



organs located within them. Describe the model using proper anatomical and directional terminology for body regions, planes, and cavities.

**HAP.LS1.5** Explain homeostasis and describe how it is accomplished through feedback mechanisms that utilize receptors and effectors.

# **Explanation**

Misconceptions

Multicellular organisms have a hierarchical structural organization, in which any one system is made up of numerous parts and is itself a component of the next level. The body is organized into various parts with an increasing level of complexity. The body is divided up into distinct body cavities. The arrangement of organs in these cavities is significant in their function.

Feedback mechanisms maintain a living system's internal conditions within certain limits and mediate behaviors, allowing it to remain alive and functional even as external conditions change within some range. Outside that range (e.g., at a too high or too low external temperature, with too little food or water available), the organism cannot survive. Feedback mechanisms can encourage (through positive feedback) or discourage (negative feedback) what is going on inside the living system.

- Describe and illustrate evidence to demonstrate the role of both a positive and negative feedback mechanisms in maintaining homeostasis.
- Synthesize information from scientific sources to treat broken feedback systems.

### <u>Phenomenon</u>

# Diabetes: Type 1 and Type 2

An important example of negative feedback is the control of blood sugar. After a meal, the small intestine absorbs glucose from digested food. Blood glucose levels rise, insulin is produced by beta cells in the pancreas. Insulin triggers live, muscle, and fat tissue to absorb glucose, where it is stored. As glucose is absorbed, blood glucose levels fall. Once glucose levels drop below a threshold, there is no longer a sufficient stimulus for insulin release, and the beta cells stop releasing insulin.

# Labor Contractions

A good example of positive feedback involves the amplification of labor contractions. The contractions are initiated as the baby moves into position, stretching the cervix beyond its normal position. After birth, the stretching stops and loop is interrupted. • Laboratory Activity 2, pgs. 11-14: Drawing the Body Cavities

# <u>Explain</u>

Body System Poster Activity

# Elaborate

WebAnatomy: <u>Body Cavities 1</u> Ch. 1 Overview of The Body- Science and Social Ethics; pg. 20 Ch. 1 Overview of The Body- Related Research pg. 19 Ch. 3 Organization of The Body-Science and Social Ethics; pg. 70

# Evaluate

Ch. 1 Overview of The Body- Concept Check; pgs. 6,9,10,12,13,17, 20 Ch. 1 Overview of The Body- Study Guide; pgs. 21-27 Ch. 3 Organization of The Body- Concept

Ch. 3 Organization of The Body- Concept Check; pgs. 72,73,74,76,79,85,87,89, 82

# Textbook:

Applied Anatomy & Physiology 2<sup>nd</sup> Ed.: A Case Study Approach; Brian R, Shmaefsky

- Ch. 1 Overview of The Body; pgs. 4 20
- Ch. 3 Organization of The Body; Section on The Human Physiological Environment; pgs. 70 – 84

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- Human organ systems are interrelated. Organ systems are essential for homeostatic maintenance. Organ systems' anatomies directly relate to physiology.
- The disruption of homeostatic mechanisms may lead to disease, and if severe enough, death.
- Emphasis is on functions at the organism system level such as nutrient uptake, water delivery, and organism movement in response to neural stimuli. An example of an interacting system could be an artery depending on the proper function of elastic tissue and smooth muscle to regulate and deliver the proper amount of blood within the circulatory system.

#### Science & Engineering Practice

**Developing and using models** Students can develop and use a model based on evidence to illustrate the relationships between systems or between components of a system.

#### **Cross Cutting Concept**

**Structure and Function** Students apply patterns in structure and function to unfamiliar phenomena.

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Human Anatomy & Physiology Quarter 1 Curriculum Map Quarter 1 Curriculum Map Feedback							
Qı	uarter 1	Quar	ter 2	Quar	ter 3 Quarter 4		
Unit 1 Anatomical Orientation	Unit 2 Protection, Support, and Movement	Unit 3 Nervous System	Unit 4 Endocrine System	Unit 5 Transport of Nutrients and Gases	Unit 6 Lymphatic System	Unit 7 Absorption and Excretion	Unit 8 Reproduction, Growth, and Development
3 Weeks	6 Weeks	6 Weeks	3 Weeks	7 Weeks	2 Weeks	5 Weeks	4 Weeks
		Unit 1	Anatomical Orien	tation (3 Weeks)			
			Overarching Qu	estion(s)			
		How do the	structures of orga	anisms enable life's fu	nctions?		
Unit, Lesson	Lesson Length		Essential Quest	ion		Vocabulary	
Unit 1 Anatomical Orientation	8 days	<ul> <li>Why is togethe</li> <li>How do the ove body?</li> </ul>	it important that one of the specificity rall organ function	groups of cells work of a tissue affect on in the human	endoderm, epithelial tissue, mesoderm, muscle tissue, nervous tissue, stem cells		
Standards and Relate	d Background Information	Instructional Focus			Ins	tructional Resources	5
DCI LS1: From Molecules to Processes <u>Standard(s)</u> HAP.LS1.3 Describe th the human body and of types and tissue types *focusing on cell types complete this standard. In conju HAP.LS1.11 Differentia skeletal muscle tissues criteria and their physio movement of body part	e organizational levels of oserve patterns in cell s across organ systems. and tissue types, in order to <b>Inction with</b> te visceral, cardiac, and based on anatomical logical role in the s and/or substances	<ul> <li>Learning Outc         <ul> <li>Describe type.</li> <li>Use a di tissue ty</li> <li>Assess h evidenc</li> <li>Connect body syst tissues i</li> </ul> </li> <li>Phenomenon</li> </ul>	omes e the function of e ssection model to ypes. now tissues relate e. the function of tis stem and analyze of s needed.	ach distinct tissue identify the major to their function using ssues to their use in a why that type of	Engage         Concept Map on Bo         Connective Tissue O         Types of Tissues CH         Crash Course Video         Connective Tissues         Explore         EMC AA&P Workb         • Ch. 3 Organ	dy Tissues Coloring hart Tissues, Part I Tissues, Part II: Tissues, Part III: Tissues, Part IV: Tissues, Part IV:	<u>Epithelial</u> <u>Connective</u> <u>Types of</u> <b>Manual</b> : /, pgs. 29-31



#### **Explanation**

Systems of specialized cells within organisms help them perform the essential functions of life, which involve chemical reactions that take place between different types of molecules, such as water, proteins, carbohydrates, lipids, and nucleic acids. All cells contain genetic information in the form of DNA molecules. Genes are regions in the DNA that contain the instructions that code for the formation of proteins, which carry out most of the work of cells. The body is made up of for major, distinct tissue types that have specific functions: epithelial, connective, nervous, muscle.

### **Misconceptions**

• Cells, tissues, organs, and organ systems maintain relatively stable internal environments, even in the face of changing external environments.

Multicellularity makes possible a division of labor at the cellular level through the expression of select genes, but not the entire genome.

### Science & Engineering Practice

**Engaging in Argument from Evidence** Students critically evaluate evidence supporting and argument and create written or oral arguments which invoke empirical evidence, scientific reasoning, and scientific explanations.

### Cross Cutting Concepts

Systems and System Models Students can use models to simulate systems and their interactions.

Stem Cells have the remarkable potential to develop into many different cell types and they have the remarkable potential to develop into many different cell types in the body during early life and growth. In addition, in many tissues they serve as a sort of internal repair system, dividing essentially without limit to replenish other cells as long as the person or animal is still alive. When a stem cell divides, each new cell has the potential either to remain a stem cell or become another type of cell with a more specialized function, such as a muscle cell, a red blood cell, or a brain cell body during early life and growth. In addition, in many tissues they serve as a sort of internal repair system, dividing essentially without limit to replenish other cells as long as the person or animal is still alive. When a stem cell divides, each new cell has the potential either to remain a stem cell or become another type of cell with a more specialized function, such as a muscle cell, a red blood cell, or a brain cell.

- Laboratory Activity 1: Identifying Cell Structure
   and Function
- Laboratory Activity 2: Effects of Aspirin on Cell Function

Histology Virtual Lab – Answer Sheet for Lab

### <u>Explain</u>

### Elaborate

Stem Cell Case Study - Ethics Behind the Use and Study of Stem Cells

http://www.explorecuriocity.org/Portals/2/Symposia/Ha milton%20Site%20Pics/EthicsVignettes.pdf

### <u>Evaluate</u>

Ch. 3 Organization of The Body- Concept Check pgs. 100 &106

#### Textbook:

Applied Anatomy & Physiology 2<sup>nd</sup> Ed.: A Case Study Approach; Brian R, Shmaefsky

• Ch. 3 Organization of The Body, Section on Tissues; pgs. 100-106

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Human Anatomy & Physiology Quarter 1 Curriculum Map Quarter 1 Curriculum Map Feedback							
Qı	Jarter 1	Quar	ter 2	Quar	rter 3	Quar	rter 4
Unit 1 Anatomical Orientation	Unit 2 Protection, Support, and Movement	Unit 3 Nervous System	Unit 4 Endocrine System	Unit 5 Transport of Nutrients and Gases	Unit 6 Lymphatic System	Unit 7 Absorption and Excretion	Unit 8 Reproduction, Growth, and Development
3 Weeks	6 Weeks	6 Weeks	3 Weeks	7 Weeks	2 Weeks	5 Weeks	4 Weeks
		Unit 2: Prote	ction, Support, an	d Movement (6 Weeks)			
			Overarching Qu	estion(s)			
		How do the	structures of orga	anisms enable life's fu	nctions?		
Unit, Lesson	Lesson Length		Essential Quest	ion		Vocabulary	
Unit 1 Anatomical Orientation	10 days	Essential Questions How does the structure of the integumentary system and its functional role contribute to protecting the body and maintaining homeostasis?			em capillaries, dermal papilla, dermis, epidermis, fascia fasciitis, hypodermis, keratin, keratocytes, Langerh cells, melanin, stratum, stratum basale, stratum compactum, stratum corneum, subcutaneous layer skin structures, skin appendages, functions of the integumentary system, pathology of the integument system, aging of the integumentary system		
Standards and Relate	d Background Information	Instructional Focus Ins			tructional Resources	5	
DCI LS1. From Molecules to Processes HAP.ETS2: Links Amor Technology, Science, a Standard HAP.LS1.7 Diagram a skin layers identifying components and desc that maintain these layer the anatomy of the skin	o Organisms: Structures and ng Engineering, nd Society cross-sectional image of the microscopic ribe the life cycle of cells ers. *focusing exclusively on	Learning Outc Label t system Define integur Compa integur role in mainta Conne integur	omes the structure of the functions of mentary system are the structure mentary system protecting the b ining homeosta ct the structure mentary system	the integumentary of the ns. e of the n to its functional body and asis. s of the ns and apply	Engage         EMC AA&P Workbook & Laboratory Manual:         • Ch. 4 The Skin and Its Parts, pgs. 44-50         • Laboratory Activity 1: Histology of the Integumentary System         • Laboratory Activity 2: Effectiveness of Sunscreen at Blocking Ultraviolet Light         Blank Skin Labeling Diagram         Integumentary System Video         Crash Course Video: The Integumentary System         Skin Deep		<b>Manual</b> : ogs. 44-50 y of the ness of olet Light try System Part I,



**HAP.LS1.6** Describe the anatomical structures of the integumentary system and explain their role in the physiological processes of protection, temperature homeostasis, and sensation.

**HAP.LS1.7** Diagram a cross-sectional image of the skin layers identifying the microscopic components and **describe the life cycle of cells that maintain these layers**. \**focusing on the life cycle of cells within the skin* 

# **Explanation**

In multicellular organisms' individual cells grow and then divide via a process called mitosis, thereby allowing the organism to grow. The organism begins as a single cell (fertilized egg) that divides successively to produce many cells, with each parent cell passing identical genetic material (two variants of each chromosome pair) to both daughter cells. Cellular division and differentiation produce and maintain a complex organism, composed of systems of tissues and organs that work together to meet the needs of the whole organism.

#### **Misconceptions**

 Body piercings and tattoos are completely safe. Body modifications involve breaking the skin, and consequently, carry a risk of infection. People with tattoos are nine times more likely to be infected with the hepatitis C virus than are people without tattoos. The American Red Cross prevents people from donating blood for one year after they get a tattoo, body piercing, or acupuncture treatments. functional concepts in how it protects the body and maintains homeostasis.

### <u>Phenomenon</u>

Although you may not typically think of the skin as an organ, it is in fact made of tissues that work together as a single structure to perform unique and critical functions. The skin and its accessory structures make up the integumentary system, which provides the body with overall protection. The skin is made of multiple layers of cells and tissues, which are held to underlying structures by connective tissue. The deeper layer of skin is well vascularized (has numerous blood vessels). It also has numerous sensory, and autonomic and sympathetic nerve fibers ensuring communication to and from the brain.



Tattooing is as ancient as modern man. These decorative marks have been found in cavemen and mummies, spanning many different cultures worldwide. The first modern tattooing machine was modeled after Thomas Edison's engraving machine and ran on electricity. Today, over 60 million Americans have at least one tattoo – that means one out of every 5 people have gotten inked at some point in life. Today, as tattoos are not taboo anymore, we must focus on caring for them and understanding their impact on skin health. Crash Course Video: <u>The Integumentary System Part</u> <u>II, Skin Deeper</u> <u>The Biology of Skin Color</u>

# Explore

Getting Comfortable in My Own Skin Activity Students will investigate the integumentary system as well as discuss the art of tattoos and which layer of skin is inked when going under the needle. The Biology of Skin Color Activity

# <u>Explain</u>

Homeostatic Skin Imbalance Writing Assignment Students will describe four homeostatic imbalances that can occur in relation to the skin. Students will use evidence to describe in detail each problem along with the underlying cause of each imbalance.

# Elaborate

- Ch. 4 The Skin and Its Parts- Related Research pg. 147
- Ch. 4 The Skin and Its Parts- Science and Social Ethics pg. 136

# <u>Evaluate</u>

- Ch. 4 The Skin and Its Parts- Concept Check pgs.128,130,133, 140, 144, 148, 151
- Ch. 4 The Skin and Its Parts- Study Guide pgs. 152-159

# Textbook:

Applied Anatomy & Physiology 2<sup>nd</sup> Ed.: A Case Study Approach; Brian R, Shmaefsky

• Ch. 4 The Skin and Its Parts; pgs. 128-151

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<ol> <li>Tattoos and body piercings involve breaking the skin and therefore carry a risk of infection.</li> <li>There are health risks associated with body piercings and tattoos. Anyone considering undergoing these procedures should first research them, be aware of the health risks, find a provider who performs the procedure correctly, and use proper follow-up care.</li> </ol>	Tattoos and Skin Health: http://www.dermalinstitute.com/us/library/78_article_ Tattoos_and_Skin_Health.htm	
Science & Engineering Practice Developing and using models Students can develop and use a model based on evidence to illustrate the relationships between systems or between components of a system. Cross Cutting Concept Structure and Function Students apply patterns in structure and function to		

Human Anatomy & Physiology Quarter 1 Curriculum Map Quarter 1 Curriculum Map Feedback							
Q	uarter 1	Quai	rter 2	Quar	ter 3	Quar	ter 4
Unit 1 Anatomical Orientation	Unit 2 Protection, Support, and Movement	Unit 3 Nervous System	Unit 4 Endocrine System	Unit 5 Transport of Nutrients and Gases	Unit 6 Lymphatic System	Unit 7 Absorption and Excretion	Unit 8 Reproduction, Growth, and Development
3 Weeks	6 Weeks	6 Weeks	3 Weeks	7 Weeks	2 Weeks	5 Weeks	4 Weeks
	Unit 2: Protection, Support, and Movement (6 Weeks)						
Overarching Question(s)							
How do the structures of organisms enable life's functions?							
Unit, Lesson	Lesson Length		Essential Quest	tion		Vocabulary	

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Unit 1 Anatomical Orientation	12 days	<ul> <li>Essential Questions</li> <li>How do the skeletal structures provide support and protection for tissues, and function together with the muscular system to make movements possible?</li> <li>How do the structure of muscles aid in its function?</li> <li>How do diseases of the muscles disrupt the "normal" structure and function?</li> </ul>	Bone, cartilage, endoskeleton, appendicular skeleton, articulation, axial skeleton, ligaments, lower appendages, tendon, upper appendages, osseous, alveolar bones, endochondral bones, flat bones, irregular bone, long bone, sesamoid bones, short bone, bone marrow, hyaline cartilage, compact bone, cancellous bone, red marrow, yellow marrow, bursa, bursitis, synovial fluid, cartilaginous join, fibrous joint
Standards and Relate	d Background Information	Instructional Focus	Instructional Resources
DCI LS1. From Molecules to Processes HAP.ETS2: Links Amor Technology, Science, a Standard HAP.LS1.8 Identify maj and appendicular divisio physiological roles in cr internal organ protection skeletal muscles particip	o Organisms: Structures and ng Engineering, nd Society or bones within the axial ons, describing their eating a body scaffold, n, and anchor points for pating in movement.	<ul> <li>Learning Outcomes</li> <li>Label the structures of the skeletal system.</li> <li>Describe an overview of the skeletal systems to include its functions, the axial and appendicular skeletons as well as types of bones and cartilage.</li> <li>Explain why the skeletal systems is and organ system.</li> <li>Identify which body parts make up the axial and appendicular skeletons.</li> <li>Describe the structural and functional classifications of joints.</li> </ul>	Curricular Resources         Engage         Crash Course Video: The Skeletal System         Crash Course Video: Joints         Explore         Estimate Height from Bones         The Mystery of the Bones         Skeletons Reveal Human and Chimpanzee Evolution         Explain         Teach Engineering: Skeletal System Unit
<b>HAP.LS1.9</b> Diagram microscopic bone structures, identifying regions that participate in hematopoiesis and storage of minerals and fat.		Phenomenon The skeletal system forms the rigid internal framework of the body. It consists of the bones, cartilages, and ligaments. Bones support the weight	<ul> <li>Elaborate</li> <li>Ch. 5 The Skeletal System- Science and Social Ethics pg. 192</li> </ul>
<b>HAP.LS1.10</b> Explain the process of bone formation, growth, and repair.		of the body, allow for body movements, and protect internal organs. Cartilage provides flexible strength and support for body structures such as the thoracic	Ch. 5 The Skeletal System- Related Research pg. 195
Explanation The most apparent func- are the gross functions- observation. Simply by can see how the bones movement, and protect the steel beams of a bu	tions of the skeletal system —those visible by looking at a person, you support, facilitate the human body. Just as ilding provide a scaffold to	cage, the external ear, and the trachea and larynx. At joints of the body, cartilage can also unite adjacent bones or provide cushioning between them. Ligaments are the strong connective tissue bands that hold the bones at a moveable joint together and serve to prevent excessive movements of the joint that would result in injury. Providing	<ul> <li>Ch. 5 The Skeletal System- Concept Check pgs. 165, 166, 170, 173, 178, 183, 187, 195, 199, 201</li> <li>Ch. 5 The Skeletal System- Study Guide pgs. 202-209</li> </ul>



	wee stars	
support its weight, the bones and cartilage of the	movement of the skeleton are the muscles of the	Textbook:
skeletal system compose the scaffold that supports	body, which are firmly attached to the skeleton via	Applied Anatomy & Physiology 2 <sup>nd</sup> Ed.: A Case Study
the rest of the body. Bones also facilitate	connective tissue structures called tendons. As	Approach; Brian R, Shmaefsky
movement by serving as points of attachment for	muscles contract, they pull on the bones to produce	Ch. 5 The Skeletal System; pgs. 162-201
your muscles. While some bones only serve as a	movements of the body. Thus, without a skeleton,	
support for the muscles, others also transmit the	you would not be able to stand, run, or even feed	
forces produced when your muscles contract. From	yourself!	
a mechanical point of view, bones act as levers	Each bone of the body serves a particular function,	
and joints serve as fulcrums. Unless a muscle	and therefore bones vary in size, shape, and	
spans a joint and contracts, a bone is not going to	strength based on these functions. For example, the	
move.	bones of the lower back and lower limb are thick and	
	strong to support your body weight. Joints are the	
Misconceptions	location where bones come together. Many joints	
Joints bend or joints allow the body to	allow for movement between the	
<i>move</i> . In actually it is muscle that allows	bones. At these joints, the articulating surfaces of	
the body to move.	the adjacent bones can move smoothly against each	
Cracking your knuckles, joints, and	other. However, the bones of other joints may be	
toes can lead to degenerative	joined to each other by connective tissue or	
conditions like arthritis or mallet finger.	cartilage. These joints are designed for stability and	
There is little evidence to support this	provide for little or no movement. Importantly, joint	
idea.	stability and movement are related to each other.	
Bones are not living	This means that stable joints allow for little or no	
structures. Adolescents may have	mobility between the adjacent bones. Conversely,	
conflicting ideas about whether bones are	joints that provide the most movement between	
living structures, depending upon the	bones are the least stable. Understanding the	
context of the situation they are	relationship between joint structure and function will	
considering. On the one hand, they may	help to explain	
believe that bones are just hard things that	why particular types of joints are found in certain	
hold the body up and have muscles	areas of the body.	
attached to them. On the other hand.	The articulating surfaces of bones at stable types of	
teenagers recognize that broken bones	joints, with little or no mobility, are strongly united to	
heal. Few students have an understanding	each other. For example, most of the joints of the	
of how their bones arow during	skull are held together by fibrous connective tissue	
development or recognize that the <b>bone</b>	and do not allow for movement between the	
marrow is critical for production of both red	adjacent bones. This lack of mobility is important,	
and white blood cells. Even maintenance	because the skull bones serve to protect the brain.	
of bone structure is a dynamic process; the	Similarly, other joints united by fibrous connective	
action of specialized cells	tissue allow for very little movement, which provides	
		1

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called **osteoblasts** to form new bone is counterbalanced by other cells, **osteoclasts**, which break down bone through resorption. As people age, bone resorption predominates over bone formation.

• Diseases like osteoporosis or arthritis affect only old people, so teenagers do not need to be concerned about them. Although osteoporosis, a disease in which bone density decreases, affects older individuals, scientists now realize that it is important for young people to take care of their bones because this can influence the onset of osteoporosis in later life. Exercise, including resistance and high-impact exercise, and good nutrition, including adequate calcium intake (1,300 milligrams per day for children ages 9 to 18), are important for optimal bone health. stability and weight-bearing support for the body. For example, the tibia and fibula of the leg are tightly united to give stability to the body when standing. At other joints, the bones are held together by cartilage, which permits limited movements between the bones. Thus, the joints of the vertebral column only allow for small movements between adjacent vertebrae, but when added together, these movements provide the flexibility that allows your body to twist, or bend to the front, back, or side. In contrast, at joints that allow for wide ranges of motion, the articulating surfaces of the bones are not directly united to each other. Instead, these surfaces are enclosed within a space filled with lubricating fluid, which allows the bones to move smoothly against each other. These joints provide greater mobility, but since the bones are free to move in relation to each other, the joint is less stable. Most of the joints between the bones of the appendicular skeleton are this freely moveable type of joint. These joints allow the muscles of the body to pull on a bone and thereby produce movement of that body region. Your ability to kick a soccer ball, pick up a fork, and dance the tango depend on mobility at these types of joints.

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Human Anatomy & Physiology Quarter 1 Curriculum Map Quarter 1 Curriculum Map Feedback							
Qı	Jarter 1	Quar	ter 2	Quar	ter 3	Quar	ter 4
Unit 1 Anatomical Orientation	Unit 2 Protection, Support, and Movement	Unit 3 Nervous System	Unit 4 Endocrine System	Unit 5 Transport of Nutrients and Gases	Unit 6 Lymphatic System	Unit 7 Absorption and Excretion	Unit 8 Reproduction, Growth, and Development
3 Weeks	6 Weeks	6 Weeks	3 Weeks	7 Weeks	2 Weeks	5 Weeks	4 Weeks
		Unit 2: Prote	ction, Support, an	d Movement (6 Weeks)			
			Overarching Qu	estion(s)			
	How do	the structures o	f organisms enat	ble life's functions?			
Unit, Lesson	Lesson Length		Essential Quest	ion		Vocabulary	
Unit 2 Protection, Support, and Movement	12 days	<ul> <li>How do the skeletal structures provide support and protection for tissues, and function together with the muscular system to make movements possible?</li> <li>How do the structure of muscles aid in its function?</li> <li>How do diseases of the muscles disrupt the "normal" structure and function?</li> </ul>			A I Pase, actin, actior atrophy, cardiac mus graded muscle respo latent period, motor e muscle tone, myobla junction (NMJ), neuro sarcolemma, sarcom reticulum (SR), sarco muscle, synaptic clef tropomyosin, troponi gated sodium channe	n potential, aerobic r scle, depolarize Fibro onse, isotonic contra end-plate, motor unit st, Myofibril, myosin ptransmitter, oxygen ere, sarcopenia, sat oplasm, skeletal mus t, thick filament, thir n, varicosity, viscera els	espiration, bsis, glycolysis, ction, lactic acid, t, muscle tension, , neuromuscular debt, rcoplasmic scle, smooth filament, I muscle, voltage-
Standards and Relate	d Background Information	Instructional Focus Instru			tructional Resources	;	
DCI LS1. From Molecules to Organisms: Structures and Processes HAP.ETS2: Links Among Engineering, Technology, Science, and SocietyLearning C • La • De system an typStandard HAP.LS1.12 Model the gross and microscopic anatomy of skeletal muscle and muscle fiber and use the model to identify and explain the roles of subcellular structures that participate in the events of muscle fiber contraction and heat generation.Learning C • La • De system an typ			omes the structures of the structures of the sto include its fur- pendicular skele of bones and card n why the skeleta system. y which body par opendicular skele be the structural ications of joints.	the skeletal system. f the skeletal unctions, the axial tons as well as ilage. Il systems is and ts make up the axial tons. and functional	Curricular Resou <u>Engage</u> Crash Course Video Crash Course Video TED-Ed: <u>What Make</u> <u>Explore</u> Biology Corner: <u>Mus</u> <u>Burn Baby Burn!</u> A Lesson on Motion	rrces b: <u>Muscles, Part 1 N</u> b: <u>Muscles, Part 2 C</u> es <u>Muscles Grow?</u> <u>scular Unit</u> & Mechanics: <u>Got</u>	<u>Muscle Cells</u> Drganismal Level <u>Wings</u>



**HAP.LS1.13** Model the anatomical connections between the skeletal system and muscular system and explain how they generate movement through antagonistic muscle groups.

### **Explanation**

The most apparent functions of the skeletal system are the gross functions—those visible by observation. Simply by looking at a person, you can see how the bones support, facilitate movement, and protect the human body. Just as the steel beams of a building provide a scaffold to support its weight, the bones and cartilage of the skeletal system compose the scaffold that supports the rest of the body. Bones also facilitate movement by serving as points of attachment for your muscles. While some bones only serve as a support for the muscles, others also transmit the forces produced when your muscles contract. From a mechanical point of view, bones act as levers and joints serve as fulcrums. Unless a muscle spans a joint and contracts, a bone is not going to move.

#### Science & Engineering Practice Developing and using models

Students can test the predictive abilities of their models in a real-world setting and make comparisons of two models of the same process or system

#### **Cross Cutting Concept**

**Structure and Function** Students infer the function of a component of a system based on its shape and interactions with other components.

#### Phenomenon

When most people think of muscles, they think of the muscles that are visible just under the skin, particularly of the limbs. These are skeletal muscles, so-named because most of them move the skeleton. But there are two other types of muscle in the body, with distinctly different jobs. Cardiac muscle, found in the heart, is concerned with pumping blood through the circulatory system. Smooth muscle is concerned with various involuntary movements. such as having one's hair stand on end when cold or frightened, or moving food through the digestive system. This chapter will examine the structure and function of these three types of muscles. Muscle is one of the four primary tissue types of the body, and the body contains three types of muscle tissue: skeletal muscle, cardiac muscle, and smooth muscle. All three muscle tissues have some properties in common; they all exhibit a quality called excitability as their plasma membranes can change their electrical states (from polarized to depolarized) and send an electrical wave called an action potential along the entire length of the membrane. While the nervous system can influence the excitability of cardiac and smooth muscle to some degree, skeletal muscle completely depends on signaling from the nervous system to work properly. On the other hand, both cardiac muscle and smooth muscle can respond to other stimuli, such as hormones and local stimuli.

# <u>Explain</u>

Case Study: The Tired Swimmer

### Elaborate

- Ch. 6 The Muscular System- Science and Social Ethics pg. 233
- Ch. 6 The Muscular System- Related Research pg. 227

Case Study: <u>Dem Bones</u> & <u>Teacher Notes</u>

# <u>Evaluate</u>

- Ch. 6 The Muscular System- Concept Check pgs. 212, 213, 215, 216, 219, 227, 233, 235
- Ch. 5 The Skeletal System- Study Guide pgs. 236-241

# Textbook:

Applied Anatomy & Physiology 2<sup>nd</sup> Ed.: A Case Study Approach; Brian R, Shmaefsky

• Ch. 6 The Muscular System; pgs. 212-235

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Curriculum and Instruction- Science								
	RESOURCE TOOLKIT							
	Quarter 1 Hu	man Anatomy and Physiology	I					
Textbook Resources	DCIs and Standards	Websites	Additional Resources					
Applied Anatomy & Physiology 2 <sup>nd</sup>	DCI(s)	EMC Bookshelf	ACT & SAT					
Ed.: A Case Study Approach; Brian	LS1: From Molecules to Organisms: Structures	<u>Glossary</u> CSI Worksheets	TN ACT Information & Resources					
R, Onndelsky	and Processes	Crossword Puzzles	ACT College & Career Readiness Mathematics					
FMC AA&P Workbook & Laboratory	HAP.ETS2: Links Among Engineering,	Human Anatomy Online	Standards SAT Connections					
Manual	recinology, Science, and Society	Biology Corner Explore Health Careers	SAT Practice from Khan Academy					
	Standard(s)	Visible Body	Khan Academy					
	HAPIST3		Illuminations (NCTM)					
	HAP.LS1.4		Discovery Education					
	HAPLS1.5		The Futures Channel					
	HAP.LS1.0		The TeachingChannel					
	HAP.LS1.8		<u>Teachertube.com</u>					
	HAPLS1.9							
	HAP.LS1.10							
	HAP.LS1.12							
	HAP.LS1.13							